



**LEARNING
DISABILITY
AWARENESS MONTH**

October 2025

Esperanza Center



Monday 10-3	Wednesday 10-3	Friday 10-3
 <p>NATIONAL SUBSTANCE ABUSE PREVENTION MONTH OCTOBER</p>	<p>1</p> <p>10-11am Coping Through the Seasons 11:30-1pm Cook & Connect 2-3pm Spooky Craft Club</p> 	<p>3 *** Spooky Tee Friday</p> <p>10-11am Writing w/ Jamie 11:30-1pm Healthy Conversations 2-3pm Soulful Karaoke</p>
<p>6</p> <p>10-12pm Pickleball @ Dunne Park 12-1pm Navigating Technology 2-3pm Book Club</p> 	<p>8</p> <p>10-11am Card Making w/ Bernadette 11:30-1pm Cook & Connect 2-3pm Art: Tie Dye</p>	<p>10 *** Tie-Dye Day</p> <p>10-11am Art w/ Nick 11:30-1pm Healthy Conversations 2-3pm Science of Mental Health</p>
<p>13</p> <p>**Center Closed** 10/13</p>	<p>15</p>  <p>10-1pm Field Trip: Swank Farms Pumpkin Patch (MUST RSVP, Limited Space) 1-3pm Pumpkin Painting</p>	<p>17 *** Breast Cancer Awareness Day</p> <p>10-11am Trivia w/ Jamie 11:30-1pm Healthy Conversations 2-3pm Breast Cancer Awareness</p>
<p>20</p> <p>10-11am Guided Meditation w/ Bernadette 12-1pm Exercise: Power Hour 2-3pm Book Club</p> 	<p>22</p> <p>10-11am Card Making w/ Bernadette 11:30-1pm Cooking w/ Yessenia 2-3pm Science of Mental Health</p>	<p>24 *** Witch Hat Friday</p> <p>10-11am Art w/ Fernando 11:30-1pm Healthy Conversations 1:30-3pm Exercise: Walk the Block</p>
<p>27</p> <p>10-11am Consumer Meeting 11-12pm Healing Hearts w/ Nancy 2-3pm Book Club</p>	<p>29</p> <p>10-11am Navigating Technology 11:30-1pm Cook & Connect 2-3pm Soulful Karaoke</p>	<p>31 *** Costume Day</p> <p>10-1pm Costume Party & Potluck 1-3pm Spooky Movie Day</p> 

Hours: Monday, Wednesday, Friday 10AM-3PM

Address: 544 San Benito Street Suite 102, Hollister, CA 95023